



Medela Home to Hospital to Home Solutions

Clinical References

Turning Science into Care



Medela Home to Hospital to Home Solutions _ Ad 1



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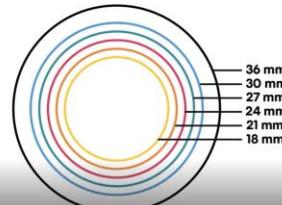
Go Beyond Standard.
Choose the Evidence.

**Symphony®
Breastfeeding Kits**

Where Science Meets
Outcomes:

2X Increase in
Milk Volume¹

**Breast Shields Available
in 6 Sizes Covering
94% of Parents**



Size
36 mm
30 mm
27 mm
24 mm
21 mm
18 mm

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**Built on Evidence.
Backed by
Outcomes.**

Explore



References:

1. Meier PP et al. J Perinatol. 2012; 32(2):103–110.
2. Medela Nipple Database, 2024.

Medela Home to Hospital to Home Solutions _ Ad 2



**Colostrum is
Not Optional.
It's an Intervention.**

**Immune &
Metabolic support**

Reducing infection¹
jaundice² & hypoglycemia³



**Minimize
Colostrum
Waste**

**Collect, Store,
Thaw, Warm
& Feed.**

[See How](#)

References:

1. Ballard O, Morrow AL. Pediatr Clin North Am. 2013; 60(1):49–74.
2. Mitra S, Rennie J. Br J Hosp Med (Lond). 2017; 78(12):699–704.
3. Giouleka S et al. Children (Basel). 2023; 10(7).

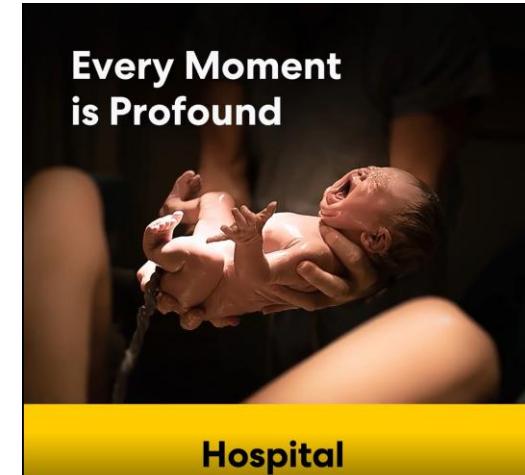
Medela Home to Hospital to Home Solutions _ Ad 3



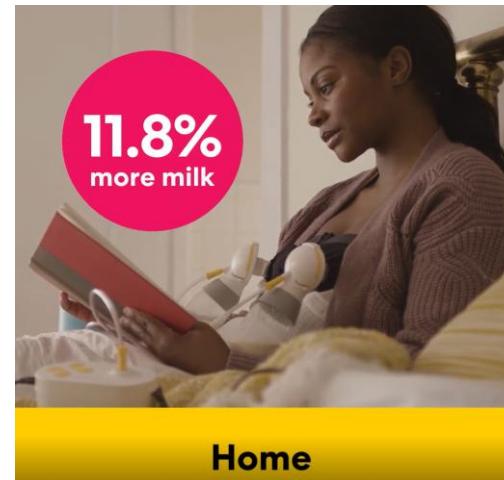
Supporting You, Supporting Them
to THRIVE Through 60 Years of
Proven Impact.



Pregnancy



Hospital



Home

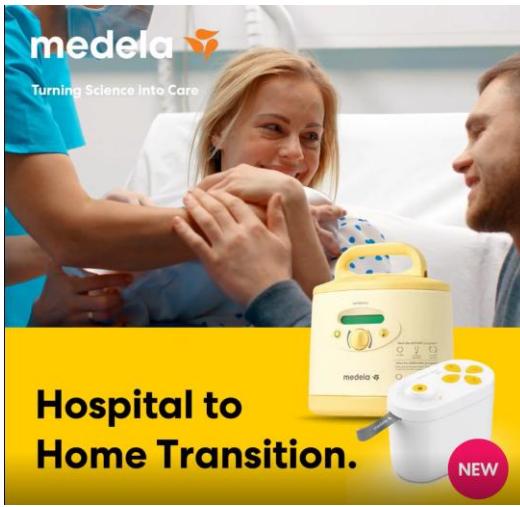


References:

11.8% more milk after 15 minutes^{1*} with Medela's PersonalFit™ PLUS and Flex 105° breast shields—designed for comfort, optimized milk flow, and fully compatible with Medela breast pumps and kits

*105° vs 90° shield opening angle. 1 Sakalidis VS et al. Acta Obstet Gynecol Scand. 2020; 99(11):1561-1567

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References:

1. Meier PP et al. J Perinatol. 2012; 32(2):103–110.

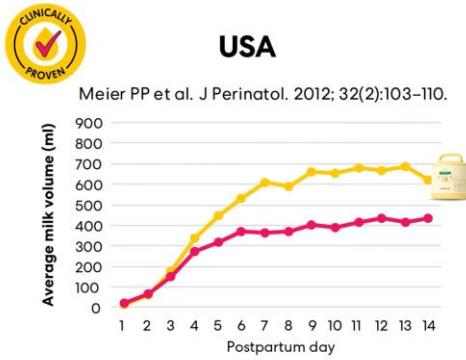
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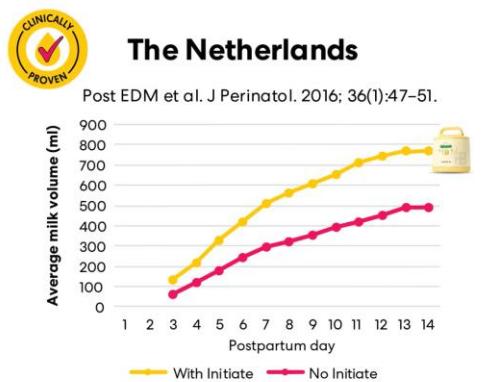
Up to **50% Increase** in Milk Supply¹



Consistent Results

References:

1. Meier PP et al. J Perinatol. 2012; 32(2):103–110.

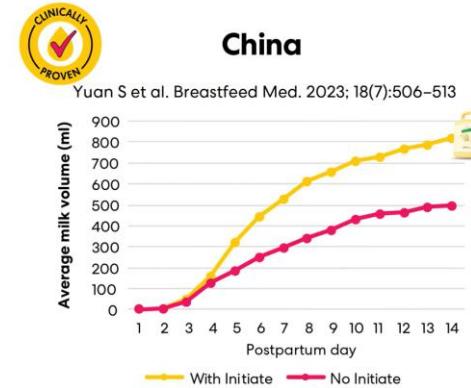


Consistent Results

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Globally Trusted. **Clinically Proven.**

[Learn More](#)

Consistent Results

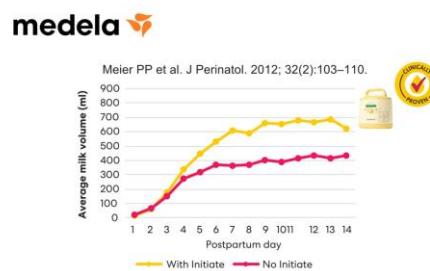
Clinical studies demonstrate that **Symphony PLUS® Initiation Technology** delivers incremental milk production within different populations across the world.

- Post EDM et al. J Perinatol. 2016; 36(1):47–51.
- Yuan S et al. Breastfeed Med. 2023; 18(7):506–513.
- Meier PP et al. J Perinatol. 2012; 32(2):103–110.

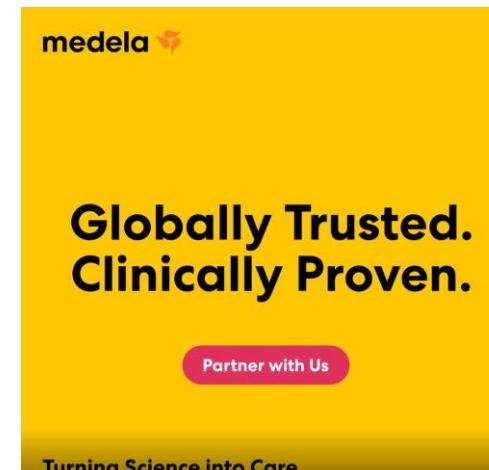
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**Did you know?
Early Action Leads to
More Milk**



**2X Increase in
Milk Volume with
Initiation TechnologyTM**¹



References:

1. Meier PP et al. J Perinatol. 2012; 32(2):103–110

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Cracked Nipples?
Let's not normalize
pain.



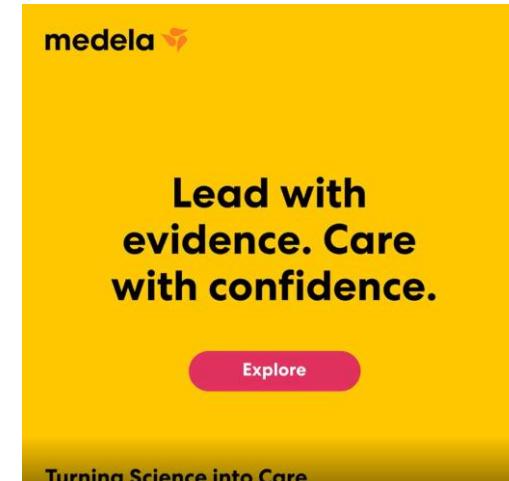
97% are in pain.^{1,2}
Let's not ignore it.



Promote healing
through a **moist**
wound environment.



Instant pain relief
with Hydrogel Pads



**Lead with
evidence. Care
with confidence.**

Explore

Turning Science into Care

References:

1. Jiménez Gómez MI et al. Breastfeed Med. 2021; 16(4):325–331.
2. Morland-Schultz K, Hill PD. J Obstet Gynecol Neonatal Nurs. 2005; 34(4):428–437

Medela Home to Hospital to Home Solutions _ Ad 8



Effective Breast Care for
**Better Breastfeeding
Outcomes**



Organic Nipple Balm
Fast relief for sore
nipples



Hydrogel Pads
Provides healing and
pain relief for cracked
nipples



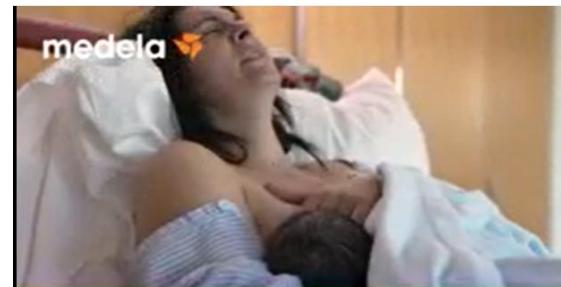
Contact Nipple Shields
Protect painful nipples
during breastfeeding



Medela Home to Hospital to Home Solutions _ Ad 9



Did you know that up to
97% of mothers
experience
nipple discomfort?^{1,2}



Nipple pain is the
leading cause for
early weaning



Quick healing,
soothing relief, and
lasting comfort to
promote milk flow



References:

1. Jiménez Gómez MI et al. Breastfeed Med. 2021; 16(4):325–331.
2. Morland-Schultz K, Hill PD. J Obstet Gynecol Neonatal Nurs. 2005; 34(4):428–437

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Delayed milk onset
impacts around
40% of moms.^{1,2}



Risks are often
manageable or
preventable.



Prenatal screening
is your first line of
defense.



Maternal Factors



Common Risk Factors:

- Diabetes, • Thyroid Disorders
- Obesity, • Induction of labor
- PCOS



**Early action transforms
outcomes.
Timely risk assessment
enables targeted care.**

Get Tools

References:

1. Nommsen-Rivers LA et al. Am J Clin Nutr. 2010; 92(3):574–584.
2. Cuffe C et al. 2023:6. Available from: <https://www.mdpi.com/2504-3900/84/1/6>.

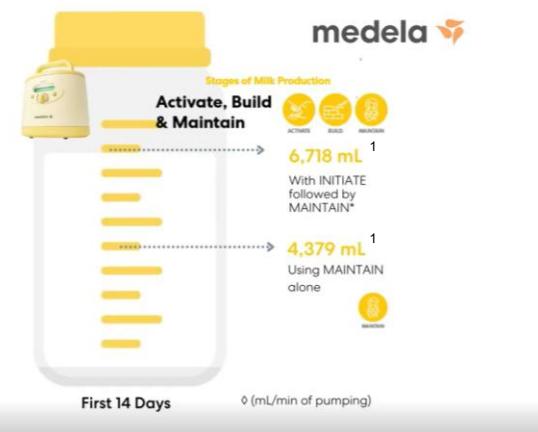
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Turning Science into Care

**Built for Clinical Impact.
Proven in Practice.
Symphony Initiation
Technology™**

Engineered for Clinical Confidence



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Stages of Milk Production

Stage	Volume (mL)
Activate, Build & Maintain (INITIATE)	6,718 mL ¹
Using MAINTAIN alone	4,379 mL ¹

First 14 Days \diamond (mL/min of pumping)

*When using Initiation Technology followed by 2 Phase Technology, compared to 2 Phase Technology alone over the first 14 days after birth.

Act now. Secure your Initiation Technology™ today.

Request a Quote



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References

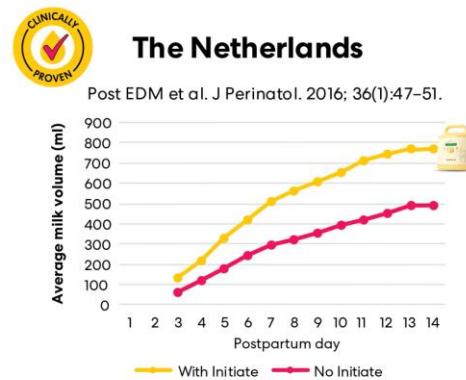
1 Meier PP et al. J Perinatol. 2012; 32(2):103–110

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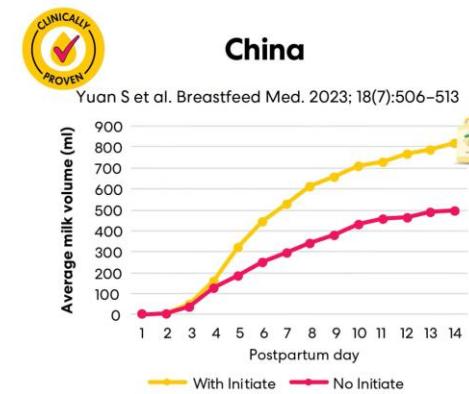
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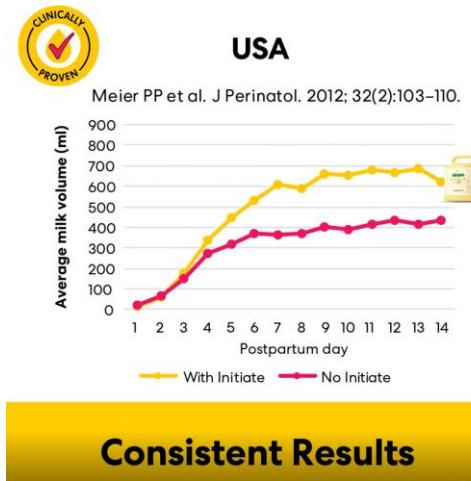
Up to **50% Increase** in Milk Supply¹



Consistent Results



Consistent Results



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Globally Trusted. Clinically Proven.

Request a Quote

Clinical studies demonstrate that **Symphony PLUS® Initiation Technology** delivers incremental milk production within different populations across the world.

- Post EDM et al. J Perinatol. 2016; 36(1):47–51.
- Yuan S et al. Breastfeed Med. 2023; 18(7):506–513.
- Meier PP et al. J Perinatol. 2012; 32(2):103–110.

References:

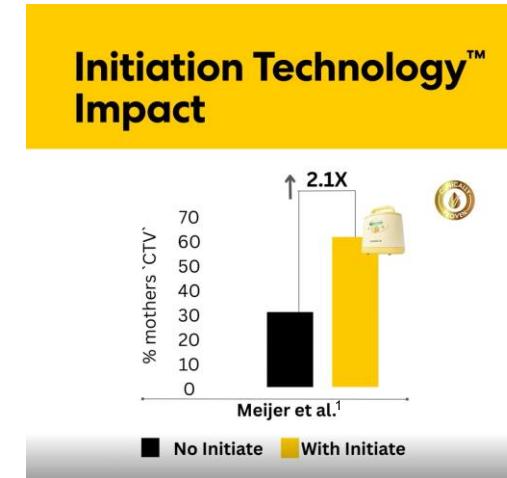
1. Meier PP et al. J Perinatol. 2012; 32(2):103–110.

Medela Home to Hospital to Home Solutions _ Ad 13



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Initiation Technology™
2X the Number of Mothers Who 'Come to Volume'.¹



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Need More Milk?
Secure Symphony® Today.

Explore Available Options.

Connect with Expert



References:

1. Meier PP et al. J Perinatol. 2012; 32(2):103–110.
2. Post EDM et al. J Perinatol. 2016; 36(1):47–51.
3. Yuan S et al. Breastfeed Med. 2023; 18(7):506–513.

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Waterborne infections
are a real risk.

Global Standards
Warn Against Water Risk



Waterless Milk Warmer™ =
NO Water.



Preserves Milk Integrity
& Nutritional Value

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Turning Science into Care

Reduce Infection Risk

Equip Your NICU with the Safer Standard

Request a Quote



References:

1. CMS. S&C Letter QSO-22-20-Hospitals. [Infection Prevention and Control and Antibiotic Stewardship Program Interpretive Guidance Update | CMS](#).
2. The Joint Commission R3 Report, 10/27/21, [c3312be91518453a9bc77920543dd971](#).
3. Centers for Disease Control and Prevention (CDC). *Considerations for Reducing Risk: Water in Healthcare Facilities*. Infection Control Guidance. Available at [Considerations for Reducing Risk: Water in Healthcare Facilities | HAIs | CDC](#).
4. World Health Organization. [Water safety in buildings](#).
5. SHEA. Multiorganizational Guidance Offers Updated Recommendations to Prevent Infections through Effective Sterilization and High-Level Disinfection of Reusable Medical Devices (2025). Lnk: [Multiorganizational Guidance Offers Updated Recommendations to Prevent Infections through Effective Sterilization and High-Level Disinfection of Reusable Medical Devices – SHEA](#).
6. Mannel, R. & Taylor, S. Best Practice for Expressing, Storing, and Handling Human Milk in Hospitals, Homes, and Child Care Settings. 5th ed Fort Worth, TX: Human Milk Banking Association of North America, Inc. (2024).