Initiate

Days 1 – 7

In the first days after birth, milk production is activated. This is also known as "milk coming in".

Use of a Symphony breast pump with Initiation technology can help initiate milk supply.

Infant did not feed effectively within 6 hours of birth or fed less than 8 times daily. A Symphony breast pump with Initiation technology can be used to complement the infant’s feeds at the breast in order to initiate milk supply.

Success milestones

I Infant has 3 or more yellow stools in 24 hours after day 4.

I 3 consecutive pumping sessions, achieving ≥ 20ml each.

Hospital grade breast pump

Breastfeeding, a multiple-user double electric pump with Initiation technology. When using maximum comfort vacuum, 2-Phase Expression technology helps mothers achieve the full benefit of having started with Initiation technology.

Build

Days 8 – 30

A mother’s milk supply will normally increase throughout the first month after birth.

Use of a Symphony breast pump can help build milk supply.

After initiation occurs, the pump dependent mother should continue to express every 2 – 3 hours to build her milk supply.

Success milestones

I Infant has regained birth weight at the latest by days 10–14.

I Typically mothers produce a daily average of around 750ml by 2 – 4 weeks.

Maintain

Months 2 – 6

During established lactation, the daily milk intake of an infant remains consistent from age 1 to 6 months.

Use of a Symphony breast pump can help maintain milk supply.

Supply has been established and meets the needs of the infant. The pump dependent mother should continue to express frequently to maintain her milk supply.

Success milestones

I Infant demonstrates consistent weight gain according to WHO growth standards.

I The established milk supply is maintained to meet the needs of the infant.

References