

Challenges of human milk nutrition in the NICU

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Human milk use in the NICU has increased steadily over the past decade due to clinical data that supports strong benefits to neonatal morbidities and long term outcomes. This talk will discuss many of the challenges that neonatal health care providers face in integrating the optimal delivery of human milk nutrition including practical considerations such as collection, storage, processing, fortification and delivery of human milk to preterm infants. The importance of standardization of best nutrition practices in the context of a programmatic approach for quality improvement will be emphasized.