

How the use of human milk in the NICU helps to prevent NEC

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This lecture will review the literature on the benefits of human milk for sick babies in the NICU. Special attention will be given to preterm babies who are at risk of necrotizing enterocolitis, and we will discuss how and why human milk may help to prevent this condition. We will also examine the results of studies using human milk to prevent necrotizing enterocolitis, as well as real life experience in centers that have adopted this strategy.